

# Homoeopathy Sans Frontières

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## Editorial

### A DESIDERATUM OF AWARENESS TOWARDS SCREENAGERS

It's a world of screenagers where not only they do multi-screen and multi-task, but where glass has become the new medium for content dissemination and unlike the medium of paper, it is a kinaesthetic, visual, interactive & connective. This current generation is called GEN ALPHA, the launch of the iPad in 2010 coincided with the beginning of our current generation of children & they were born into a world of iPhones, YouTube, Instagram...

So, it is unsurprising that they live largely indoors & will be online. This generation will have unlimited, more accessible education, unimaginable technologies and will be hyperlinked with everyone and everything.

All media channels from the internet to e-newspaper are interconnected and choose personalised shows depending upon the individual interests and needs, Media-lo-mania. A generation of Social Piping. All Social apps are merged and interconnected with bio processors and GPSs giving a 360-degree update about their friends.

Holographic love stories. Their long conversations with their girl or boy friends are done via hologram technology and will be seen in 3D anywhere & anytime. They can access and see anything they ask for even faster than a blink of an eye. The generation will be living with bionic entities. The robot doing the household chores using the ingredients delivered by a drone. Added to this future situation, the pandemic covid-19 has also impacted the whole world to be indoors from baby boomers to the present generation.

All the generation along with GEN ALPHA is moving towards an internet era where everything is available on the screen, making people, have less human contact & less time talking to their peers in person. There will be clear psychological challenges with this complicated pandemic effect on generation especially GEN ALPHA as they will feel more alone, despite being so connected, leading to many personality and psychiatric disorders including low self-esteem, impulsivity, poor sleep quality, mood disorder, and suicide.

This is the challenge that the whole world must

**Dr. Manjula S. Haleholi** *M.D.(Hom.)* Editor

face..."Let us not look back in anger, nor forward in fear, but around in awareness" as rightly said by James Thurber. The first step toward change is awareness. The second step is acceptance.

So, let's be aware of this generation & post pandemic psychological effect, accept it & inculcate steps to get a better & healthier future. We should remember "The key to growth is the introduction of higher dimensions of consciousness into our awareness."

Born in a rapid technological era, as compared to their parents, Gen Alpha presents an exciting combination of opportunities, adventure, and explorations for the future. Driven socially, Gen Alpha share their life and thoughts publicly and knows no boundaries. They will presumably grow up being creative and unconventional. Given the zeitgeist in prospect, probably, the need for achievement, autonomy, and recognition, along with competitiveness, narcissism, ambiguity, intolerance, impulsivity, attention-seeking, and risk-taking behaviour will probably predominate and become salient in Gen Alpha with the passage of time. With proper parenting and guidance, the prerequisite is to instil in them the right virtues and values, which are in line with the societal and traditional ethos. It is essential to inculcate in them the essence of being human, managing emotions, forming stable relationships, and a healthy assimilation with technology in daily life. With the right mix of outdoor activities including play and forest bathing, regulated use of technology, authoritative parenting, education and instilling 21<sup>st</sup> century skills namely adaptability, curiosity, critical thinking, persistence, teaming, social, and cultural awareness will go long in shaping them to be an asset for family, society, country, and the world in future.

Otherwise, we have to face what Albert Einstein said "I fear the day that technology will surpass our human interaction. The world will have a generation of idiots."



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## Inside Story

### Case Study

A case of Hepar sulp in pustular Psoriasis

### Research Report

Assessment of effectiveness of homoeopathic medicines in the treatment of chronic tonsillitis in children below 15 years of age

### Article

Nosodes in Homoeopathy

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## A CASE OF HEPAR SULP IN PUSTULAR PSORIASIS

**Dr. M. A. Jabbar baba**

III Yr PGT

Dept. of Repertory

### PRELIMINARY DATA :

AGE : 08 years SEX: F

OCCUPATION : Student

ADDRESS : Dharwad

**CHIEF COMPLAINTS :** Patient came at 10 30 pm to clinic with H/O fever 2 days back which was treated with modern medicines. The same day after fever was subsided there was a eruption behind neck. Eruption-itching and burning. After taking hot water bath this eruption spread all over her neck within 2 hours associated with itching and burning. Onset- Sudden Duration- 2-3 hours Modalities – amelioration warm application Mental Disposition- itching caused mental irritation. If asked anything she used to nod her head with irritation.

**LOCAL EXAMINATION :** Elevated lesions. Pustule which is less than 1 cm in diameter. Silvery white scale appearance. No bleeding on itching. Dryness of skin. Skin is hot and tender.

**Past History :** No major illness in the past. No surgical history. No delayed milestone. Vaccination taken on time.

### PERSONAL HISTORY :

Diet : Mixed

Appetite : No change

Thirst : Thirsty+

Desires : Sour food++

Aversion : Nothing Specific

Sleep : Sound and refreshing sleep

Dreams : Nothing specific.

Perspiration : Generalized perspiration+++/

foul smelling. Bowel: Satisfactory, twice per day. Urination: 3-4 times/day, 0-1/ night Thermally: Chilly+++

**MENTAL DISPOSITION :** Irritable/cranky due to itching and burning. Started crying as soon as she entered the clinic.

**Classification of disease :** According to Dr. Hahnemann Dynamic Acute Individual Type With psoric background

### Totality of Symptoms :

Irritable due to complaints Weeping due to complaints Generalised Perspiration with foul smelling. Desires sour food. Itching and burning of skin around the neck region Amelioration warm application Thermally chilly patient.

**Evaluation of symptoms :** According to Dr. Kent

Mental generals : Irritable and weeping

Physical generals :

Desires : sour food

Thermal : chilly Thirst : thirsty

Particulars : Itching and burning of skin around the neck Modalities warm application amelioration

### Repertorial totality :

MIND, IRRITABILITY MIND, WEEPING, tearful mood. PERSPIRATION, ODOR, offensive. STOMACH, DESIRE, sour, acids etc. GENERALITIES, WARM, amel. SKIN, ERUPTIONS, psoriasis. SKIN, ITCHING, burning. BACK, ERUPTIONS, cervical region.

List of Sympto...	
7/29/21	8 symp.
anonymous	
<input type="checkbox"/>	BACK, ERUPTIONS, cervical region, ...
<input type="checkbox"/>	GENERALITIES, WARM, amel.
<input type="checkbox"/>	MIND, IRRITABILITY, ...
<input type="checkbox"/>	MIND, WEeping, tearful mood, ...
<input type="checkbox"/>	PERSPIRATION, ODOR, offensive, ...
<input type="checkbox"/>	SKIN, ERUPTIONS, psoriasis, ...
<input type="checkbox"/>	SKIN, ITCHING, burning, ...
<input type="checkbox"/>	STOMACH, DESIRES, sour, acids, etc.

Result of reper...				
8 symptom(s)	5	6	7	8
Name of remedy	Hep	Lyc	Puls	Sil
Symp. covered	7	7	7	7
Totality	18	17	17	17
1. BACK, ERUPTIONS, c..	II	I		III
2. GENERALITIES, WAR..	III	I	I	II
3. MIND, IRRITABILITY, ...	III	III	III	III
4. MIND, WEeping, tear..	II	III	III	I
5. PERSPIRATION, ODO..	III	III	III	III
6. SKIN, ERUPTIONS, ps..		III	II	II
7. SKIN, ITCHING, burni..	II	III	III	III
8. STOMACH, DESIRES,..	III		II	

Result of reper...				
8 symptom(s)	1	2	3	4
Name of remedy	Sulph	Syp	Pulsif	Lys
Symp. covered	8	8	8	8
Totality	20	19	18	17
1. BACK, ERUPTIONS, c..	I	I	I	I
2. GENERALITIES, WAR..	III	II	III	III
3. MIND, IRRITABILITY, ...	III	III	III	III
4. MIND, WEeping, tear..	III	III	III	I
5. PERSPIRATION, ODO..	III	III	II	II
6. SKIN, ERUPTIONS, ps..	II	III	II	II
7. SKIN, ITCHING, burni..	III	II	III	III
8. STOMACH, DESIRES,..	II	II	I	II

**Prescription**

03/08/2021 : Hepar Sulph 200 / 1 dose  
 Sac Lac / 7 days / 6-0-6.  
 General management- Maintain hygiene. Bath twice a day. Avoid junk food.

**Follow up - 1**

04/08/2021 : Eruptions got dry, peeling of scales. Itching and burning reduced. Feeling better. Adv to continue with same treatment.

**Follow up - 2**

10/08/2021 : Eruptions completely reduced Burning and itching completely reduced. No new symptoms. Patient generally feeling well. Adv- SAC LAC /15 Days/ 6-0-6.



← Before Treatment

After Treatment





**Ms. V. Akshaya**  
II BHMS

## ASSESSMENT OF EFFECTIVENESS OF HOMOEOPATHIC MEDICINES IN THE TREATMENT OF CHRONIC TONSILLITIS IN CHILDREN BELOW 15 YEARS OF AGE



under the guidance of  
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Professor  
Dept. of Hom. Materia Medica

### Abstract

Our country though is being a developing country in all aspects and urbanization is vastly spreading all over the country, still the infections are being more common. Of those various Infections, the chronic tonsillitis is common, as improper sanitation is widely seen in our population. Our government, though is applying many plans to prevent the infection, it is still prevailing. Chronic tonsillitis is seen in all the people. It is accounting for 1-5% of all primary consultations. Of that population, children are most commonly infected of equally both Sexes. Children age between 11-15 most commonly infected from chronic tonsillitis. 30% of the children are infected with tonsillitis once in their life time.

But in homeopathic treatment remedy is given to make a complete cure of patient with an Immediate relief of sufferings. View will be focused on the predisposing factors to remove the morbid condition. So importance is given to remove the predisposing factor for the infection to occur.

So our present study helps the homoeopathic physician to prescribe medicine specifically for Chronic tonsillitis, thus making the prescription more rapid and also effective & rewarding.

### Introduction

It is a prospective, non-control quasi experimental study where the pretest and post test data are analyzed. The subjects for this study were selected from OPD setup of Dr. B. D. Jatti homeopathic medical College, Hospital and post graduate research center, Dharwad. 30 Subjects were selected based on inclusion and exclusion criteria, clinical findings. All the 30 cases have undergone processing through case taking, formal analysis of the case, analysis of symptoms and prescription based on the specificity. The cases in which symptoms are found in rubric form in the Kent's repertory And Phatak Repertory, the indicative rubrics were taken on primary basis by which the case was prescribed by specific remedies.

The specific medicines which were not found in kents repertory and Phatak Repertory, were taken from the materia medica book.

Objectives stated and objectives achieved

- To study clinical presentation of chronic tonsillitis.
- To understand the efficacy of the Specific Hom. Medicines in treating chronic tonsillitis in Children below age of 15.

### Date of commencement of research activity :

Started research activities from 06/03/2022

**Date of completion :** 25/05/2022

### Objectives achieved :

Studied clinical presentation of chronic tonsillitis Studied effectiveness of Specific Hom. Medicines in treating the chronic tonsillitis children below age of 15. In present short term research project – A clinical study on the effectiveness of different homoeopathic Medicines in the management of chronic tonsillitis children below age of 15 shows more incidence in 10-15 age of 16 cases (60%), next by age between 5-10, 12 cases (30%), 0-5 age are 2 cases of low incidence.

### Consent:

Informed consent was taken from each patient explaining the research procedure before involving in the Study. It was explained to the patient in their vernacular language and then consent was taken.

### Social Implication of the research :

The Present study was taken up as to the study the effect of Different specific homoeopathic medicines on various disease conditions. This helps to treatment Protocol in various disease conditions with reliability and replicability of results of treatment.

The observational study was started from the day case was taken depending on inclusion & exclusion Criteria. The sample size i.e., 30 was determined depending upon the recruitment criteria. The cases were given with appropriate specific homoeopathic medicines. The cases were followed up for the total study period.

**Study period :** 3 months

**Research Hypothesis :**

Homeopathic medicines are effective in the treatment chronic tonsillitis children below age of 15.

**Methods:** The study was consisted of 30 cases of chronic tonsillitis , selected on the basis of inclusion and exclusion criteria. The cases were followed regularly till end to study the effect of different homoeopathic medicines on various injuries when used specifically.

**Discussion :**

In this study, treatment outcome shows that out of 30 subjects, 15 subjects recovered, 11 subjects showed improvement and 4 cases not improved.

Based on the above study "Assessment of effectiveness of homoeopathic medicines in the treatment of Chronic tonsillitis in children below 15 years of age "showed that individualized Homoeopathic medicines are effective in the treatment of Chronic Tonsillitis in children below 15 years of age.

**Results:**

Present study approach was using specific medicines rather than constitutional. Hence priority was given to the acute totality of symptoms rather than a constitutional totality. Different specific medicines were Given in all cases with repetition of dose.

The cases were regularly followed up and at the end of the study, certain conclusion arrived at, which are as follows:

Out of 30 cases, 13 cases received Belladonna as medicine. Out of 30 cases, 16 cases were fully recovered without any traces of chronic tonsillitis . But 11 cases got partial relief and 4 case did not have any relief.

Thus research hypothesis effectiveness of different homoeopathic medicines in the treatment of chronic Tonsillitis in children when used as specifics is proved. And null hypothesis rejected.

Social Implication of the research: The Present study was taken up as to the study the effect of different specific homoeopathic medicines on various disease conditions. This helps to treatment protocol in various disease conditions with reliability and replicability of results of treatment.

**Remedies prescribed :**

Maximum subjects were prescribed Belladonna, calcarea carbonica, Rhus toxicodendrols, Hepar Sulphuricum, Bryonia alba, Lac caninum, Arsenic album, Gelsemium, Phytolacca.. Conclusion:

Inflammation of palatine tonsils is called Tonsillitis. The tonsils may be reactive and non-reactive. My Dissertation : "Assessment of effectiveness of homoeopathic medicines in the treatment of chronic

tonsillitis in children below 15 years of age" was conducted for 3 months taking 30 cases. The outcome of study is briefly concluded below.

The highest age incidence was found between the age group 5 to 13 years with total 26 cases, exposure to crowded places and sometimes due to frequent contact with affected person at workplace and low Immunity etc.

Males and females suffer equally in chronic tonsillitis in 30 subject, 15 males and 15 females are suffering. The highest incidence was found in students covering age of 12 cases having maximum incidence of Chronic Tonsillitis.

In this study, majority i.e., 27 subjects complained of pain in throat, 3 subjects presented with cough, 2 subjects with cold, 7 subjects with nose complaints, 3 subjects with body ache, 12 subjects presented with giddiness, fever and headache, 1 subject presented with nausea and vomiting which are common symptoms presentation of Chronic Tonsillitis. Presentation of the disease may differ in each patient depending on their susceptibility.

In this study majority i.e., 9 subjects presented with cough and headache, 7 subjects with cold, and other associated symptoms like eat pain, back pain, sneezing and thirstless and loss of appetite.

The highest incidence of past history was Tonsillitis in 5 subjects. Other past histories were Typhoid, Malaria, Sinusitis, and Chicken pox. These histories provide information about susceptibility of the Patient, miasm in the background.

The highest incidence of family history was Tonsillitis which was found in 6 subjects. Other family histories were Hypertension, Diabetes mellitus, Asthma, skin complaints and Migraine complaints.

In this study of the classification of disease, Chronic Psoric was found in 20 cases. Chronic Psoro-Sycotic, Chronic Psoro- Syphillitic chronic Psoro- Syco- Syphillitic were seen in other patients. Most of the patients had Chronic Psoric miasmatic inheritance.



## NOSODES IN HOMOEOPATHY

**Dr. Chetana C. Yaravintelimath**

Prof. & HOD

Department of Physiology

**Abstract :** In Homoeopathy, there is a special type of remedy called Nosode. The use of Nosodes plays an indispensable role as Prophylaxis. Nosodes have been developed & used successfully to build up immunity. Nosodes appear to stimulate the entire natural immune system to react against a specific disease. This group of remedies has a tradition of more than two centuries. Nosodes are applied according to homoeopathic & isopathic principles world wide for the treatment of acute as well as chronic diseases.

**Key Words :** Nosode, Homoeopathy, Disease, Medorrhinum

### **Know me: Nosode.**

The term is due to Hering & has been derived from the Greek word NOSO which signifies the prefix added to the word to form an idea of disease indicating a relation to disease (in general ). Nosode therapy will then be the therapeutic use of organic reactional wastes or same etiological factors which are the sources of damage to the disease. `Allendy` defines the nosode as characterized by a pathological substance used as medicine prepared in advance & according to the homoeopathic method of dilution.

Nosode is defined as some homoeopathic preparation obtained from microbe cultures from viruses, pathological secretion & excretion.

The nosode should satisfy some trials of sterility. The first centesimal dilution & fortiori, the following dilutions, cultures on different bacteriological ground should not give birth to any culture.

### **History :**

Hahnemann has always tried to fight Psora. For him skin manifestation of which the Psora is only an aspect, are the effect of an internal morbid condition which he calls latent Psora. This concept led Hering to the preparation of the first Nosode e.g.: Psorinum.

Towards 1925 the British doctor Bach Paterson an eminent bacteriologist prepared some vaccine from many stocks of intestinal saprophyte bacilli. For Bach Paterson & their collaborates the

psoric diathesis has its foundation, a deep trouble of intestinal flora. In 1936 Dr. Paterson published a journal under the title "The Potentised Drug and its Action on the Bowel Flora" which were termed as Bowel Nosodes.

The symptoms of the Nosode group are indication to study the case from the miasmatic point of view. From a study of the totality of the available symptoms one can uncover which miasm is active or which Nosode, the vital force is calling to one's attention. At such a time an intercurrent may be useful in removing obstructions to the cure or bringing out a clearer picture. Constitutional remedies should complement all miasmatic intercurrent remedies at the appropriate time to complete the cure.

The Hahnemannian Homoeopathic physician has been using Nosode & auto Nosode for self & for the members of their families apart from the indicated remedies not only to prevent infection as a prophylactic medicine, but also to cure infection & to remove the bad effects of vaccination & miasmatic tendencies.

Hering says the "Homoeopathic treatment is always individualistic & symptomatic yet where a Nosode is prescribed as a homoeopathic specific to Prevent the infection, excellent results follow.

### **Classification of Nosodes :**

N I – Preparation made from Bacterial endotoxins ex: Typhoidinum.

N II – Preparation made from micro-organisms capable of producing exotoxin e.g.: Diphtherinum.

N III – Preparation made from Purified toxins ex: Tuberculinum.

N IV – Preparation made from micro-organisms or diseased subjects e.g.: Anthracinum.

N V – Bowel Nosodes

### **Use Me-Indications of Nosodes :**

- (1) As a constitutional remedy
- (2) When well-chosen remedies do not act.
- (3) When there is lack of symptoms.
- (4) "Never Well Since Syndrome" (NWSS). When a person has never recovered from a miasmatic

infection.

(5) When partial picture of the constitutional remedies manifest yet no one remedy completely fits the case.

(6) The nosode is used when a miasmatic layer obstructs the progress of a constitutional remedy that was improving the patient such nosode is called Miasmatic intercurrent.

(7) When remedy is related to Genus Epidemicus.

(8) Nosode is given to remove bad effect of vaccination. Clarke's remark on Pertussinum against whooping cough "I have found in this nosode a specific for a large proportion of cases of this disease.

(9) Nosode is used as a Homoeopathic prophylaxis. Dr. Kent has quoted in his "Lectures on Homoeopathic Materia medica as Saying " If Tuberculinum Bovinum is given in 10 M, 50 M, CM Potencies at a long intervals, all children & young people who have been inherited tuberculosis may be immuned from their inheritance & their resiliency will be restored.

(10) Used as an autoNosode.

Using the Nosode as a homoeopathic remedy made from the patient's own disease substance, this is known as Auto Nosode.

### Indications of Bowel Nosodes.

1. New case.
2. Old case –Patient on Homoeopathic treatment but may not be responding to the given treatment. In using Bowel Nosode it must always be remembered that they are deep acting remedies & they cover the Totality of symptoms.

### Please Don't use me : Contraindication:

- (1) In the active Phase (Incubation period ]of acute disease.
- (2) In the explosive stage of miasm.
- (3) During the active phase of a recurrent attack.
- (4) In an infectious stage i.e., do not use Tuberculinum in established tuberculosis.

### Potency and Repetition of dose.

More obvious "mentals" the higher the potency. Marked pathological symptoms the lower the potency.

The higher the potency chosen, the less frequent the repetition & number of doses. Single high potency dose with repeated doses of the low potency of an associated remedy is recommended.

With uncertainty in old case, which has had potentised remedies within one month, it is wise to use a Nosode in 6 X potency to avoid the chance of a

violent negative reaction.

### Nosodes and Miasms.

The Hahnemannian classification of disease based on the theory of chronic Miasm is a major breakthrough towards rational therapeutics.

When the miasmatic obstacle is so great so as to deform some area of human self-realization, symptoms are produced which is trying to become realized and the negative influence or obstacle constituted by the miasm.

Nosodes that have profound impact on reactivity, immunity & sensitivity provides better indication.

### What people say about me!!

Dr. Feller " It was absurd to claim that every disease could be cleared by its nosode, we cannot be satisfied that it is in the same condition as when first taken from the diseased individual, thus the syphilitic poison is potentised and the essential character of molecule is undoubtedly lost, hence it is not the same substance any more .

HPUS – The Homoeopathic pharmacopeia of the United States.

Since the source material of Nosode is potentially infectious a perceived potential risk of infection is associated with their use. The HPUS considers both Manufacturing methods as valid to guarantee the viral safety of Nosodes and their safety for public health.

Dr. Julian writes in Materia Medica of Nosodes that they were originally used as etiological medications. Soon they were recognized as medicines qualifying for patient's with constitutional disease.

### CASE STUDY

Mr. Ankit Patil age 15, studying in 10th std visited on 14/4/2017 with c/o weak memory, cannot remember what is read since last 2 yrs.

- abdominal pain and constipation since 1 yr. He was treated with anti-helminthic and antispasmodic by the pediatrician.
- Stools clay like ,sticky
- Sharp needle like pain in rectum
- Oozing of moisture from anus always
- Anxiety before stools
- Has to sit for ½ hr. in toilet
- Always checking of pants
- Wants everything clean
- Washes hands frequently
- Very irritable

**Personal History :**

Only child, Till 6yrs he was with grandparents, from 1st std he was shifted to Davangere with parents, from 8th std shifted to Hubli and was very much attached to grandmother and primary school teacher. Due to transfer became gloomy and anxious.

**Family history :**

Father- Teacher in CBSE school. Job on transfer frequently. very strict at home.

Mother-Clerk, cannot give time to child. Suffered rheumatism during pregnancy.

**Treatment started :** 18/04/2017, he was given Medorrhinum 1 M 1 Dose. All complaints – clay stool, constipation, oozing of moisture from anus, anxiety before stools gradually reduced over a period of one

month.

Second visit was on 20/5/2017 and was kept on placebo.

After three months parents reported that he did well in 1<sup>st</sup> test and he is happy and well adjusted child from all aspects.

**Conclusion :** Based on Individualization [keeping Individual and environment in its totality] with Repertorial analysis. Medorrhinum is selected.

**References :**

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- Materia Medica Of Nosodes By O. A. JULIAN
- Allen’s Keynotes by Dr. H. C. Allen
- Essay’s On Homoeopathy By B. K. Sarkar

**Names of the infectious diseases Nosodes & auto nosodes recommended apart from indicated remedies**

- |                                 |  |
|---------------------------------|--|
| 1. Tuberculosis                 | Tubercullinum/ Bacillinum (1879)             |
| 2. Diphtheria                   | Diphtherinum (swan)                          |
| 3. Whooping Cough               | Pertusin (1906-clake)                        |
| 4. Tetanus                      | Tetanus-toxide                               |
| 5. Hydrophobia (Rabies)         | Hydrophobinum /Lyssin (Hering-1833)          |
| 6. Poliomyelitis                | Polio –virus                                 |
| 7. Anthrox                      | Anthroxinum                                  |
| 8. Measles                      | Measles-virus, Morbillinum                   |
| 9. Plague                       | Plague –virus/anthrocinum(1836)              |
| 10. Cancer                      | carcinocin                                   |
| 11. Malaria                     | Malaria officinalis                          |
| 12. Typhoid                     | Typhoidinum                                  |
| 13. Influenza                   | Infleuenzinum                                |
| 14. Pyogen Infection            | Pyorrohoginum                                |
| 15. Sebsis                      | Sepsin                                       |
| 16. HepatitisA/B/C              | HepatitisA/B/C virus                         |
| 17. Scabies (Psoric)            | Psorinum(1833)                               |
| 18. Syphillitic chanre          | Syphillinum (1879)                           |
| 19. Gonorrhoea                  | Medorrhium(1875)                             |
| 20. Allergy due to any alleging | Allergin virus like dust mite                |
| 21. AIDS                        | Autonosode/HIV-virus                         |
| 22. Smallpox, chickenpox        | Variollinum/malanrium(1871)/ vaccinium(1873) |

“The physician must penetrate into the inner recesses of symptoms; the very life of the patient must be opened and laid bare, Learn the fears, instincts, desires and the aversions of the patient.

The remedy often crops out through the affections.”

- James T. Kent